

The Lighthouse Beacon

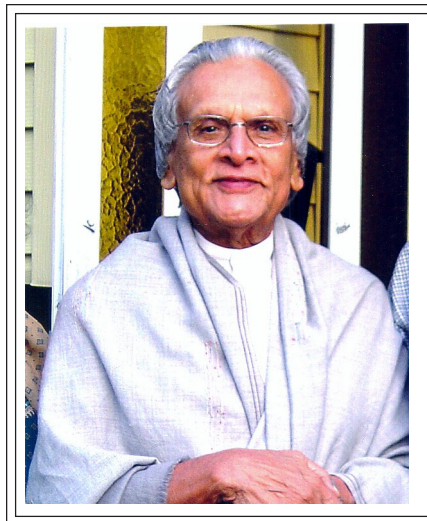
A quarterly publication for Lighthouse Center members and friends
Lighthouse Center, Inc. is a non-profit spiritual development center founded by Chetana Catherine Florida

THE PRESENCE OF GOD

Gurudev Shree Chitrabhanujat

The Lighthouse Center

August 12, 2006



Namaste, I bow to all of you. If you reflect on yourself, you ask, "Who am I? I am Divine. I will not put myself down in any circumstances." Your commitment is not to put yourself down in any circumstances. The world can put you down, but they don't know you.

How many people remember the breath? How many breaths destroy with anger, jealousy, competitiveness, ego, suspicion. Let the breath be the breath of Peace, of Love, of Divine Light. Every breath should be charged with Love and Peace and Divine Light.

One person asked me years ago, "Do you believe in God?" When you don't have, you believe. Do you believe in the sun? No, you have the sun, the sun is there. Belief is not realization, not experience; belief is tomorrow. One man said, "Guruji, I don't believe in God. I feel, I see God in vegetables, animals, in the eye of a child, the eye of a fish." Where there is life pulsating, the desire to love, there is the presence of God. How can we live without the presence of God? When you breathe, inhale the Divine, the presence of God, and exhale the anger, the hate, the stress, the negative energy.

Don't think of what others are thinking, think of what you are thinking. We are so eager to know what others are thinking, saying, believing about us. But Mahavir's teaching says, "Don't trust even my word if it does not make sense to you. Believe in yourself." Those who get divorced start with love, and celebration. But over time they don't agree, and thoughts, beliefs and anger separates them. Love is destroyed by anger, jealousy, and hatred. Who has the power to destroy you? No one, unless you give your

consent. Our own thoughts can destroy us. If you don't hurt anybody, no one will hurt you. When you have no fear, you do not attract violence. If someone doesn't agree with us, that's fine. But we want to correct them, make them see it our way.

Belief is a very dangerous thing. One student used to have a time concept, a belief that he always had to hurry, hurry, hurry. When he saw the red light, he'd think, "Oh my god, I'm going to be late!" But now he meditates on the breath, taking each breath with awareness, staying with each breath. When you hurry, worry is inevitable. More hurry, more worry. Now when he sees the red light, he says, "Thank you, I will have time to breathe." The red light that was a sign of tension is now a sign of peace and rest. When you have God with every breath, it will be good time all the time.

We all have the Light. The Light is the same, the bulbs are different. God is everyone. God is Love. Love is God. If you love, that is the presence of God. The more you love, the more

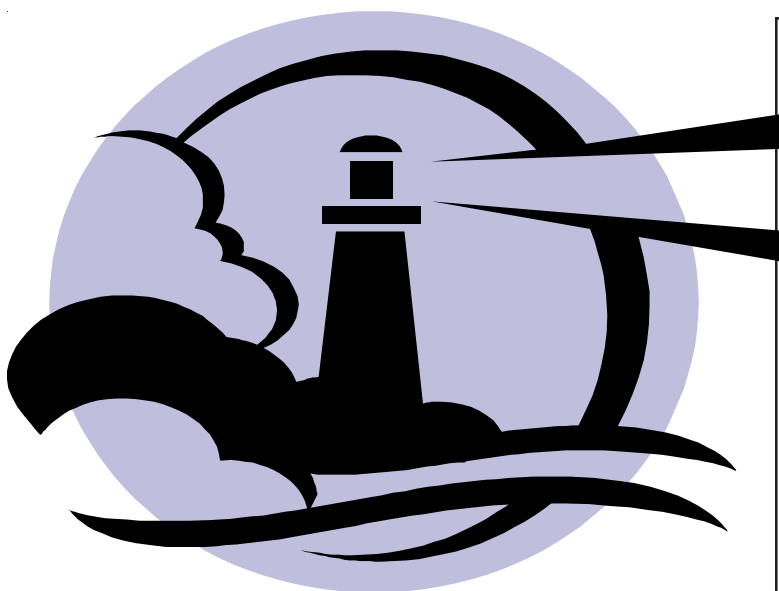
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The Lighthouse Center

The Lighthouse Center, Inc., located in Whitmore Lake, Michigan, is a nondenominational meditation center founded in 1979 by Chetena Catherine Florida. It was incorporated in 1989 as a nonprofit organization, and currently has over 300 members.

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Whitmore Lake, MI 48189
Phone: 734-449-0611
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For More Information

Visit us on the web:
www.lighthousecenterinc.org

Our Mission

We are committed to inner peace and peace in the world, as we practice meditation and Ahimsa (nonviolence) toward ourselves and others. We respect other points of view and strive to live in harmony with nature and all living beings. This is the greatest opportunity for spiritual growth and enlightenment.

Our Philosophy

We believe ... in the Divine Consciousness within everyone.

We believe ... in Ahimsa, nonviolence, in all of our thoughts, words, and actions, including the practice of vegetarianism.

We believe ... that the Truth has many aspects, and we respect other points of view.

We believe ... in acting as examples of humanity, as we express our love and compassion and Ahimsa.

We believe ... that in doing our meditations and spiritual practices, we begin to successfully live at peace within ourselves and in the world.

revised 2005

Everyone is Welcome

The Lighthouse Center community is a diverse group of individuals with a common goal of practicing Ahimsa (nonviolence).

Everyone is Welcome

You do not have to be a member to join us for classes and meditations.

Sponsorship

The Lighthouse Center depends on its members and friends to sustain it with their generous donations of money, time and talent.

Membership

If you do choose to become a member, pledges of \$360 a year (\$30 a month) are gratefully accepted. Volunteering of time can contribute towards your pledge (1 hour equals \$10 in pledge). See form at back of this publication

Getting Involved

The Lighthouse has various committees (open to all members and friends), a Board of Directors, and a Director of Operations to collectively develop our various goals and manage the daily operations of our center.

Assisting in running the center and helping out in different functions is a wonderful way to make a difference and develop new friendships.

E-mail List and Mailing List

Get on the electronic and/or postal mailing list by filling out the form in the back of this publication, to get updates on classes and events.

NEW FOR 2007 SPACE FOR RENT

We are very excited to share with you that a "Practitioner's Area" is being developed at the Center. This area will be available in 2007 for members to rent for individual or group purposes. Namrata Lisa Abrams is the creator of this wonderful endeavor and we are so grateful for her efforts to bring her vision into reality. In addition to the Practitioner's Area, the "Sanctuary" and the "Office" are available to rent.

The rental fee for all space is: 10% of gross for Pledge Members and 20% of gross for Non-pledge Members. So if you are looking for a place to have a gathering or to meet with a client, the Center may be just the spot for you..... which is a win-win for everyone.

Dear Lighthouse Family,

We are once again collecting "Gently used" clothing for those who are in need. If you have items that you would like to donate, please bring them to the Lighthouse Center. We will have boxes or bags that you can put your donations into.

This drive will extend into February, as we want to help people through-out the winter season.

This is for all types of clothing (in addition to coats)- if you have sweaters, sweatshirts, slacks etc. It might help to keep someone else warm.

Thank you for your generosity.

Namaste
Raksha Penni Helsene

THE PRESENCE OF GOD...continued from the cover

you don't want to hurt or hate anyone. As you breathe in peace, those around you will feel your calm. Peace begets peace. Whatsoever happens in life, accept it. Meditation is to be aware of every moment, and to accept what comes. Not to be upset, not to blame. But it will take time. Every moment is taking you to the last dance. If you live 100 years, all the breaths are accumulating to the last dance, death. The last minute, the moment of death, departure. If we live in peace, we are with eternity. I am, I was, I will be. So belief in the creator, you do not need it. Anything created will be destroyed. But the soul is not destroyed; energy cannot be destroyed. Energy is indestructible. I am energy, sentient energy, I cannot be destroyed. Energy takes different forms, according to your desires: Truth, Beauty, and Goodness.

Start feeling love. Be kind to yourself, don't beat yourself up. People can say or do anything, but if you don't give your consent, no one can hurt you. If they say something hurtful, laugh with them. When I first came to this country, students at the university would make fun of my clothing. I would smile, it wouldn't bother me. Then we started meditating together, and they didn't make fun anymore. What people say is their problem. We have to know ourself. Meditation is every minute, every breath. Take a deep breath—it's free, no charge. Breathe in oxygen, life, the Divine. So Hum, I am Divine.

Paramatma is like 24 carat gold. Paramatma is the purest, most supreme soul. When you have purified yourself completely, you are God, you are pure consciousness, and you are Paramatma. This takes a long time, because we are all so conditioned, as Christians, Jews, Muslims. But no one has a right to tell anyone, "If you don't believe, you will go to hell". We all want to experience Truth, Beauty, Goodness. But when the negative thoughts come, we struggle with ourselves. With these thoughts there is no peace. I know you are all blessed. Break the conditions and experience pure breaths. It is not easy, but begin. It is a challenge, continuously. When the mind goes to the negative, you have to say, "Come back". Our habits are like a dog straying. Even I have to remind myself. I think of Mahivir who said, "If I can do it, you can do it."

We have to have clarity that we are indestructible, sentient energy. Meditation will gradually take out the fear of death. The body becomes old and tired, the spare parts run out. What you sow, that you grow. First, remember that you are indestructible, not created, not a toy. You are immortal, ever present. To maintain the body, the purer the breath, the longer the life. Have no regrets in life—if only I had done that...Many years ago I was in Florida, about to go to Boston. A man told me that I would miss the beautiful weather. I told him that it was beautiful in Boston too. He said it was so hot, so cold, and so rainy in Boston, not like Florida, so warm and sunny. See how the world changes with your perception. Enjoy the weather wherever you are.

Second, realize, feel, touch, see the presence of God. When Native Americans take fruit from a tree they say, "Today we take fruit from the tree, one day we give nourishment to the tree". From you I receive, to you I give. We have no right to waste a single grain. Nourish your body with respect and reverence, and don't waste anything. Respect everything, and minimize violence.

Third, bring a prayer of peace to the whole universe. We can send good vibrations, even to those who don't know what they are doing. Hitler went to church to pray, and then said he was just doing what God told him to do. We do not want to be like Hitler. Ask yourself, "What is my contribution to the suffering in the world?" Our anger will contribute to outer violence and inner violence. Anyone who wants peace in the world, must be at peace within first. Thomas Merton said, "If you want the world to become peaceful, you become peaceful".

Description of Lighthouse Events

UPCOMING EVENTS

January-March 2007

WEEKLY

◆ Sunday Candlelight Meditation and Healing

6:00pm-7:00pm. All are welcome for a candlelight meditation. Reiki healers are available for healing during meditation.

BI-WEEKLY

◆ Friday Intensive Meditation

7:30pm-10:00pm the first and third Friday of the month. Doors open at 7:00 p.m. Meditation lasts approximately 2 ½ hours, during which time individuals may quietly enter and exit the sanctuary. It is suggested, because of past experiences, that one already be a mantra meditator.

◆ Sunday School / Youth Group

10:00am-11:00am the first and third Sunday of the month through May for children ages 2-18 and their parents. Meditation at 10am., snack at 10:30am, lesson at 10:45am.

MONTHLY

◆ Sunday Board Meeting

9:00am-12:00pm the fourth Sunday of the month. NOTE: Occasionally, due to holidays and travel commitments, the Board meets earlier in the month, so please call **Prachi Patricia Thiel** (734) 449-4381 to verify exact date and time.

◆ **Learn To Meditate** Meets on the last Friday of every month from 7:00 PM - 9:30 PM. Learn how meditation works and try it out! Or come for a refresher- all meditators are welcome. Given by Nirmala Nancy Hanke. Cost \$35.00 or \$10.00

JANUARY

Heart Empowerment

Class: 4 Wednesdays, January 10-31, given by Prachi Pat Thiel. Cost: \$60.00 pledging/ \$75.00 non-pledging. Prerequisite: 2 months mantra meditation.

To register: 734-449-4381 or thielpl7@yahoo.com.

Community Meeting: Sunday, January 14, 10:00 am meditation, 10:30-12:00 meeting for all Lighthouse members and friends, to discuss the Center's plans and direction for the new year.

Gurudev Video: Sunday, January 14, 4:30-5:30. Free Showing of one of Chitrabhanuji's recent talks at the Vegetarian Congress in Goa, India.

Abundance Gene Activation: Saturday, January 20th, 10:00am-noon, given by Barbara Blanden. A workshop focusing on how we attract abundance in general, and how to activate the abundance gene. Cost: \$20.00 pledging/\$25.00 all others. Call Barbara to register: 517-423-4382.

FEBRUARY

Essence of World Religions:

6 Mondays, February 5-Mar 12, 7:00-9:30pm, given by Penni Raksha Helsene. Has

religion ever confused or confounded you? This class is a humble attempt to bring together a summary of the world's major spiritual paths. Cost: \$75.00. Call Penni Raksha to register: 586-246-4280.

Gurudev Video: Sunday, February 11, 4:30-5:30pm, another of Gurudev Chitrabhanuji's talks at the Vegetarian Congress in Goa, India. No cost.

MARCH

Brow I Class: 4 Thursdays, 7:30-9:30pm, given by Nirmala Hanke. Prerequisite: Chakra class. Cost: \$60.00 pledging/ \$75.00 non-pledging. Call Nirmala to register: nirmalanh@aol.com or 734-663-2218.

Iconography Workshop:

Saturday, March 10 and Sunday, March 11, 10am-6pm, given by Aruna Olga Bachmann. To register, call Aruna at 810-623-0510.

"Grace is always falling like rain. We just have to become open to receive it."

Amma

NEW SPIRITUAL NAMES

During Gurudev's August 2006 visit to the Lighthouse Center, eleven Lighthouse members were initiated and received their spiritual names. To be initiated with a spiritual name, one commits oneself to Ahimsa, nonviolence, the practice of meditation, and being or becoming a vegetarian.

Lara Bond received the name Shakti, which means indestructible, sentient, creative, divine energy.

Jay Creech received a new name, Nirvana, meaning to overcome all addictions, all pleasures.

Meg Graff received the name Aarti, the light which burns even in darkness.

Penni Helsene received the name Raksha, protector of the Divine within, caretaker.

Gabriel Kleinschmidt received the name KuSum, very gentle, a beautiful white flower.

Edie Lewis received the name Siddhi, meaning to achieve your own goal.

Brita Orwoll received the name Bhakti, pure devotion.

Sandy Scobie received the name Pooja, meaning divine worship, and prayer of purity, clarity, and divinity.

Jon Swanson received the name Akash, meaning open sky, no limit to progress, peace, prosperity.

John Walker received the name Prashant, meaning especially composed.

Shanti Kathy Toll's name was changed to Kanti Shri, wealth of brilliant light of Spirit.

Lighthouse Center Calendar

January 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 7:30pm-10:00pm Intensive Meditation	6
7 10:00-11:00am Sunday School 6pm-7pm Candlelight	8	9	10 7:30-9:30pm Heart Empowerment Class	11	12	13
14 10:00am-12:00 Noon Community Meeting 4:30-5:30pm Gurudev Video 6pm-7pm Candlelight	15	16	17 7:30-9:30pm Heart Empowerment Class	18	19 7:30pm-10:00pm Intensive Meditation	20 10:00am-12 Noon Abundance Gene Activation
21 10:00am-11:00am Sunday School 6pm-7pm Candlelight	22	23	24 7:30-9:30pm Heart Empowerment Class	25	26 7pm-9:30pm Learn to Meditate	27
28 9:00am-Board Meeting 6pm-7pm Candlelight	29	30	31 7:30-9:30pm Heart Empowerment Class			

February 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 7:30pm-10:00pm Intensive Meditation	3
4 10:00am-11:00am Sunday School 6pm-7pm Candlelight	5 7:00-9:30pm Essence of World Religions	6	7	8	9	10
11 4:30-5:30pm Gurudev Video 6pm-7pm Candlelight	12 7:00-9:30pm Essence of World Religions	13	14	15	16 7:30pm-10:00pm Intensive Meditation	17
18 10:00am-11:00am Sunday School 6pm-7pm Candlelight	19 7:00-9:30pm Essence of World Religions	20	21	22	23 7pm-9:30pm Learn to Meditate	24
25 9:00am-Board Meeting 6pm-7pm Candlelight	26 7:00-9:30pm Essence of World Religions	27	28			

March 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 7:30pm-10:00pm Intensive Meditation	3
4 10:00am-11:00am Sunday School 6pm-7pm Candlelight	5 7:00-9:30pm Essence of World Religions	6	7	8 7:30-9:30pm Brow I Class	9	10 10:00am-6:00pm Icon Workshop
11 10:00am-6:00pm Icon Workshop 6pm-7pm Candlelight	12 7:00-9:30pm Essence of World Religions	13	14	15 7:30-9:30pm Brow I Class	16 7:30pm-10:00pm Intensive Meditation	17
18 10:00am-11:00am Sunday School 6pm-7pm Candlelight	19	20	21	22 7:30-9:30pm Brow I Class	23	24
25 9:00am-Board Meeting 6pm-7pm Candlelight	26	27	28	29 7:30-9:30pm Brow I Class	30 7:00pm-9:30pm Learn to Meditate	31

President's Message

2006 at the Lighthouse Center

This year has been a busy one at the Lighthouse Center. As part of our election process, six members completed their term on the Board and eight new members joined the Board. Members leaving were: Namrata, Narendra, Bharati, Devendra, Jagruti, and Priti. New members are: Jai Shree, President, Barbara Blanden, Vice President, Raksha Penni, Treasurer, Poorna, Assistant Treasurer, Aruna, and Kanak. Heather Kahn joined the Board in May and resigned in September; Akash Jon Swanson filled the open position in October. Nirali and Prachi remain on the Board.

We were blessed to have Gurudev Chitrabhanuji and Pramodaji visit the Center twice this year, once in May and once in August. Many Lighthouse members were initiated with spiritual names; we now have over 100 members with spiritual names.

Over the past year, we have accomplished a lot. We offered classes: monthly meditation lecture for new meditators, Chakra class, and a new class, Power and Empowerment, by Nirmala; Heart Empowerment classes by Prachi; Pujas, Cooking Classes and a new Karma class by Asha Sheth; Sunday School directed by Namrata, Asmita, Suchita, and Prem Shree; Reiki classes by Lalita; and Iconography

workshops by Aruna. We had our 20th and 21st Dimensions In Light Festival and our 12th 24 hour Meditation Vigil. Eshavas and Amy of "The Pryde" again did a benefit concert at the Center, with Carol Pranschke joining in with a performance of her own, and Siddhi Yaa Ohenewah leading the audience in an African freedom song and march. Four Lighthouse members went to the 37th World Vegetarian Congress in Goa, India, with Chitrabhanuji: Namrata, Suchita, Nirmala and Nirali.

Financially, we continue to keep our everyday expenses and Center upkeep low by people volunteering their time and talents or by bringing supplies to the Center. Through our many volunteers, and generous pledges and donations, we continue to be fiscally sound.

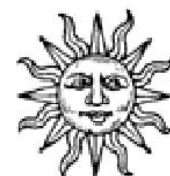
The Visioning Process started in 2005 was completed this year, under the astute guidance of facilitator Devendra Don Levitt. Four task forces, Outreach, Inreach, Membership, and Finance, accomplished a lot. Outreach explored community service and education; out of this came a Board decision to donate monthly to the Whitmore Lake Health Clinic. Inreach began a monthly social activity, with "What the Bleep Do We Know?", and initiated, through a member survey, changes in the altar

and the practice of prayer. Membership developed goodie bags for new meditators, business cards for the Center, and with Web Master, Mukta Tana Dean, expanded and refined the website. Finance explored the idea of a financial advisor; the Board has since enlisted the services of Dianne Szabla, from Consolidated Financial Corp., to assist the Board with investments. A final outcome of the visioning process is to have quarterly community meetings, as a forum for all Lighthouse members to contribute their ideas and energy.

We look forward to another active year at the Lighthouse Center in 2007, with new class offerings and activities, an expanded Lighthouse website, as well as our regular activities and events. We hope you will join in whenever you'd like, whether it's attending classes or events, or volunteering or participating on our group email. Our first community meeting of the new year will be on January 14th; hope you can come and share your ideas for the Center for 2007.

With Love, Light, and Peace,

Jai Shree and the Lighthouse Board



Navakar Mantra for Thanksgiving

Six Lighthouse members went to the Jain Temple in Farmington Hills on Thanksgiving morning, November 24th to join the Sunday school in chanting the Navakar Mantra for an hour. The Jain study group (Sunday school) started this ceremony in 1995 and has been doing it every Thanksgiving since. The Jain children were chanting to send special blessings for all the animals that transcended, especially those on Thanksgiving. Nirmala Nancy Hanke, Anna Haase, Greg Hooper (Kanak's friend), Kanak Claire Mautner, Poorna Gail Salata and Prachi Pat Thiel from the Lighthouse were asked to start the chanting. It was a great honor to do so! After we sang it once, different groups took turns, chanting a different style and then we would all join in. This was a very uplifting experience for all of us and a great way to increase the consciousness on the astral plane to honor the life of all animals. Please join us next year!

Namaste'
Prachi



Life Changes

New Beginnings

We send Love and Light to these new baby beings who have come to join us on the earth:

Hannah Marie Lorigan, born May 5, 2006, granddaughter of Clarita Mays and Larry McKelvey.

Emma Grace Lorigan, born May 5, 2006, granddaughter of Clarita Mays and Larry McKelvey.

Transcended Beings

We send Love and Light to these transcended beings for their transition, and to their family and friends:

Jackson Lorigan, grandson of Clarita Mays and Larry McKelvey, one of the Lorigan triplets, who transcended on the day of his birth, May 5, 2006.

Clyde Camp, 74, brother-in-law of Bharati Brenda Hieber, transcended August 24, 2006.

Marc Alexander, 54, uncle of Heather Kahn, transcended September 7, 2006.

Donald Varran, 51, son of Anita Boltach, transcended September 21, 2006.

Ilan Gittlen, 54, husband of Jayenti Janet Frye, transcended September 27, 2006.

William Brent Crouse, 77, father of Nancy Harbowy, transcended October 5, 2006.

Ronald Arbour, 87, uncle of Prachi Patricia Thiel, transcended November 8, 2006.

Joseph Klamecki, 64, brother of Tara Devi Tressa Parmann, transcended December 8, 2006.

Thanks Giving Prayer

Today we give thanks for this vegetarian meal and the people who have labored to harvest and prepare this meal for us. We give thanks for the many lives that have contributed to our lives. We also ask for forgiveness from the living beings that we have harmed, intentionally and unintentionally.

We are grateful for our health and the opportunity to eat with others on this day. We aspire, with compassionate hearts, to use the energy that we gain from this meal and from our friends, to contribute to the peace and happiness of all living beings.

We pray that all the people of the world will avoid inflicting harm on animals and fellow human beings and practice non-violence and compassion. We express our sorrow at the suffering of all the turkeys and other animals that have died. May peace and compassion grow in ourselves and extend to all around us.

Namaste,

(The original draft was prepared by Dr. Jina Shah of Northern California, and was edited by the Jaina Education Committee.)

Community Donation

The Lighthouse Center has allocated \$50.00 per month in discretionary funds to be donated in the community. The Board has approved the Whitmore Lake Health Clinic as the current recipient of these funds. In 2006 we donated \$200.00 to the Whitmore Lake Health Clinic. This will help our Outreach program, and help many people who need medical attention and cannot afford it.

Raksha Penni Helsene

"Every morning, our first thought should be a wish to devote the day to the good of all living beings."

Dilgo Khyentse Rinpoche



Lighthouse Members

To receive a spiritual name from Gurudev Chitrabhanuji, one must be committed to Ahimsa (nonviolence), reverence for all life, to being a vegetarian and a meditator.

Aarti Meg Graff (AHR-tee)
Light burns even in darkness

Adinath Mark Hutton (AH-DEE-NOT) 1st Tirtankar

Ajit Rodney Smith (AH-GEET) 2nd Tirtankar; invincible

Akash Jon Swanson (Ah-KASH) Open sky, unlimitedness

Ambaa Julia Levitt (UM-BAH) Goddess of Protection, mother's energy, nourish the inner child.

Amita Emma Hutton (UH-MEE-tah) Infinite; all things belong to me

Amruta Felicity Hane (Um-ROO-tah) Nectar; Immortal

Anandi Anna Hutton (Ah-NAN-dee) Full of joy, bliss, delight, State of perfection

AnnaPurna Emma Donofrio (AHNA POO-R-na) Goddess of Nourishment, inspiring others to do their best

Anu Radha Mary Morin (Ah-new RAH-dah) Complete, burn all karmas, Clean for Enlightenment, Krishna's consort

Apurwa Edith Chance (Up OOR-wuh) Unique, friend of the Gods

Aruna Olga Bachmann (AH-ROO-NAH) The sunrise, the dawn

Asmita Anna Schmitt-Reichert (AZ-MEE-TUH) Soul within

Aum Terry Abrams (OH-m) Divine; the first sound

Bhakti Burita Orwoll (PHAK-tee) Pure devotion

Bharati Brenda Hieber (BAR-A-TEE) Ancient Wisdom

Bhagvan Stan Sternberg (BAG-VAN) Keeper of the Light

Chandana Marianne Dean MacGregor (CHAN-DUH-NUH) Like cooling nature of sandalwood

Chetana Catherine Florida (CHIT-TAH-NAH) Pure Awareness; Pure Consciousness

Darshana Debra Macon (DARSHA-NAH) Clarity of Inner Vision

DaVang David Blair (DAY-VONG) Divine Body; Sanctified

Divya Julie Hart Hutton (DEEV-YUH) Essence of divinity

Dulari Erica Eicher (DO-LA-REE) Moving towards the future with dance and pleasant movement

Dhru Drew Hutton (DREW) Immovable, steady: North Star

Dya Devi Kathy Treiber (DYA-DE-VEE) Goddess of compassion and reverence for all life

Eshavas Iam Post (EE-sha-vas) The abode of the Divine

Jagruti Lucinda Orwoll (JAH-GREW-TEE) Awakenings

Jai Shree Roberta Shaw-Reeves (JAY-SHREE) Divine energy is victorious, helps you overcome all obstacles and challenges

Jayenti Janet Fry (JAY-EN-TEE) To conquer all, to be victorious

Jyoti Betsy Thorne (JOE-TEE) Light in action; Illumination

Kadambari Stacy Brodock (KAH-DUM-BA-REE) Girl chosen by the angels

Kanak Claire Mautner (KUH-NUK) Golden consciousness

Kantee Shri Cathy Toll (KAN-TEE) Wealth of brilliant light of spirit

Kanti Kelly Creech (KAN-TEE) Hidden brilliance & life; Holding the inner glow

Karuna Kathy Roberts (KAH-RUNE-AH) Compassion

Kaveta Candice Hrubovsky (KA-VEE-TA) Beautiful blessing of the heart that makes poetry come from the heart.

Kirtan Khita Whyatt (KEER-ton) Prayer

Kunti Devi Eileen Bond (COON-TEE-DEVEE) Coiled creative energy

Ku Sum Gabriel Kleinschmidt (KOO-SOOM) Gentle, beautiful white flower

Lakshmi Laura Smith (LOCKS-SHME) Wealth of spirituality; Wealth of good things

Lalita Lucile Doke (LA-LEE-TA) Goddess of Divine Energy

Madhu Shanti Margo Jackson (MAH-DO SHAN-TEE) Sweet Peace

Mitra Marty Kerr (ME-TRA) Friend to self and the Universe

Mukta Tana Dean (MOOK-TA) Freedom from the shackles of the past

Namrata Lisa Abrams (NAM-RAH-TAH) Without ego; graceful humility

Narendra Dan Bachmann (NAH-REN-DRA) Leader, guide for humanity

Niana Nancy Sloan (NYE-NAH) To see clearly through the third eye

Nirali Becky Kleinschmidt (NEAR-AHL-LEE) Uniqueness

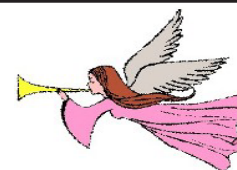
Nirjara Carla Rodning (NEAR-JAH-RAH) Shedding the past

Nirmala Nancy Hanke (NEAR-MA-LA) Pure, without pollution

Nirvana Jay Creech (Nir-VAH-nah) Overcoming all addictions and pleasures.

Paras John Bellingham (PAH-RAS) 23rd Tirthanker; Miraculous element turning metal into gold; Philosopher's stone

Spiritual Names



Pooja Sandy Scobie (POO-jah)
Divine prayer of purity, clarity
and divinity

Poorna Gail Salata (POO-R-
na) State of perfection

Prachi Pat Thiel (PRA-CHEE)
Light from the East

Prakash James Hunter (PRAH-
KASH) Light

Praparkar Dan Pieri (PRA-
PAR-KAR) Illumination, Sun.

Prashant John Walker (Pra-
SHANT) Especially composed

Prem Murti Hadley
Kleinschmidt (Prem MOOR-
tee) Presence of love,
Representation of love

Prem Shree Karen Stetz
(PREM-SHREE) Goddess of
love: love is my nature, love is
my spirit, I am love

Premal Pat Takacs (PREM-L)
Love

Premnath Frank Borowski
(PREM-not) Lord of Love

Prerna Peggy Motsch
(PRAYER-NA) Inspiration to
all

Priti Paula Yocum (PREE-
TEE) Self-Love

Priya Tammi Johnson (PREE-
YUH) Love of light; Light of
Love

Priya Darshna Tia Hanke-Hills
(PREE-YUH-DARSH-NA)
Inspiring presence; daughter of
Mahavir

Priyanna Brianna Zvonar
(Pree-ANNA) I love myself; I
will not hurt myself

Raj Robert Parmann (RAJ)
Owner of the kingdom within,
in perfect balance with the
divine self.

Raja Matee Rychee Parmann
(RAJA-MATEE) Woman in
tune with the kingdom within.

Rajashri Susan Ashmore
(RAJA-SHREE) Divine nobility
and kingly spiritual wealth

Raksha Penni Helsene (RAK-
SHA) Protector of the Divine
within; caretaker

Ravi Robby Rutter (RA-vee)
The sun which illuminates; the
eye of consciousness

Ram Conor Hutton (RAHM)
Pious, brave, conqueror

Sadhana Sarah Florida (SAH-
DUH-NAH) Girl walking with
spirit

Saraswati Laurel Sloan (SAH-
ra-SWA-tee) Goddess of
wisdom

Sarita Susan Wolf-Sternberg
(SAH-REE-TUH) Flow like a
river and grow

Satyam Henry Abrams (SAHT-
yum) Truth, as it is

Savita Terri Heller (SAH-VEE-
TUH) Sunlight; Illuminating light

Shakti Lara Bond (SHAHK-tee)
Indestructable, sentient, creative,
divine energy

Shakuntala Beverly
Champagne (SHA-KOON-
TUH-LA) Innocent
consciousness

Shantinath Grant Howard
(SHAN-tee-not) Lord of Peace
16th Tirtankar

Sharda Lauren March (SHAR-
dah) Goddess of wisdom

Shiva Devi Zulema Suarez
(SHEE-VUH DE-VEE)
Transformation Goddess

Shree Lata Laura Bachmann
(SHREE-LA-TAH) Growth of
divine wealth within

Shree Pal Sean Stayduhar
(SHREE-Pal) Caretaker of inner
wealth

Shreya Darlene Domanik
(SHRAY-AH) Bringer of bliss,
benediction, blessings

Siddhi Yaa Ohenewah Edie
Lewis (SID-DEE) Achieve your
own goal

Sohum Stephen Florida (SO-
HUM) Loving heart.

Suchita Susan Schmitt-Creech
(Soo-CHEE-tah) Essence of
purity; clean consciousness

Sudha Elise Domanik March
(SOO-DUH) Nectar

Sujata Sara Abrams (Soo-JAH-
tah) Born to be enlightened,
aware, successful

Sulsa Sarah McGrath (SUEL-
sah) Born for enlightenment
Realization

Sumala Marla Raszka (Soo-
MAH-lah) Garland of goodness

Sumitra Surella Borowski (Soo-
ME-tra) Loyal friend in the light

Sundaram Justin Hutton (SUN-
DAH-RUM) Beautiful Vision

Surabhi Sue Durante (SIR-AH-
BEE) Fragrance

Tara Devi Tressa Parmann
(TAR-AH DE-VEE) Goddess of
Stars

Usha Martha Smith (OO-sha)
Spiritual dawn, light

Vardaman Alex Schmitt-
Heatlie (VAR-duh-man) Ever
growing; Birth name of Mahavir

Veer Bryce Hutton (VEER)
Mahavir, 24th Tirtankara Brave,
victorious

Vijaya Johnnie Chamberlin
Brooks (VEE-JAI-YAH)
Victorious; Overcoming the
weaknesses

Vimala Dianne Griswold
(VEEMA-LA) All cobwebs of
the past are gone

Vira Melissa Schmitt-Heatlie
(VEE-rah) Bravely moving in
the direction of Consciousness

Viraj Gary March (VEE-RAJ)
King of Goodness

Four Views of India

Blessings

My first trip to India was magnificent! It is a fabulous environment of caring people who obviously respect each other. Where else in the world can you drive around with almost no traffic lights and not run into each other? The Vegetarian Congress was awesome. It was wonderful to be around so many like-minded people. Staying at Gurudev's condo was the most special of all. I was fortunate to sleep on the very bed Gurudev used as a monk. The vibrations and love were fabulous! Gurudev showed us how to live a life of simplicity. My four traveling companions were great too, my roommate Nirmala and I got along fantastically, what a pleasant surprise! Nirali and Namrata were a lot of fun and support as well. And Jivan our newest member who got here spiritual name at Gurudev's condo was yet another blessing. Blessings were prevalent among us, we were guided on a tour by Gurudev and his followers to the India Institute of Technology and saw among all the talent and technology the care for one another in two VIDYA schools, all run by volunteers who's philosophy is "To educate and empower underprivileged women and children through integrated methods and to bring about progressive social change." We toured a Jain temple where Gurudev gave one of his first talks as a young monk. We also visited a mini-healing city built by a wealthy Indian man who gave back to his community by providing a hospital to treat TB, Cancer and Aids, he also built many temples and Church's for those healing to worship in. I came home feeling rejuvenated down to the soul with a new picture of how to make positive changes to my life spiritually, emotionally and physically. I am so grateful for having this wonderful experience.

Love and Light,
Suchita

Learning How to Live

On this trip to India we were all honored and blessed to be able to stay with Guruji for a number of days in his retreat apartment in Pawai, a beautiful, self-contained suburb of Mumbai. From Guruji's apartment on the 13th floor of Lake Castle Co-op, one looks out on Lake Pawai in one direction, and Mt. Pawai in the other. One hardly seems to be in a city or suburb at all. In fact, when Guruji and Pramodaji first got this apartment in the 1970's, it was the only building; the rest was jungle, mountain, and lake. Now there are high rises everywhere, the I.I.T. (Indian Institute of Technology) rings the lake, and the streets are full of shops, people, cars, motorized rickshaws, and an occasional cow.

Amidst all the people and busyness, Guruji's apartment is an oasis of simplicity and serenity. Very little furniture, bare white walls except for a holographic picture of Mahavir and a paper lace depiction of Mahavir's life. Yet every care is taken to make us feel at home: in the Vedas it is said that your guest is the Divine in your house. Guruji's young Nepali cook, Ganesh, spends all day cooking us fresh vegan dahls and other delectable dishes, and will not allow us even to clear the table. We go with Guruji on morning walks in the lush public garden behind the co-op, a silent walking meditation with So Hum, stopping to do some simple yoga asanas. We go for evening walks too, sometimes to shop at the Culture Shop or the local grocery store, sometimes to another garden, or to Guruji's favorite place to walk, up a steep dirt hill, at the top of which is a go kart park, where he likes to talk with the attendants, as the park closes, and enjoy the quiet of the night.

One afternoon we spend a couple of hours in silence, as is Guruji's practice. I am excited by this prospect, thinking it will be

a powerful experience. Well, I am so busy—meditating, resting, reading, writing, doing yoga—I'm worn out by the time the two hours are up! I guess it will take some time to learn how to slow down!

There are all the opportunities to talk with Guruji, and listen to him, at meals, on walks, in discussions and Q and A. In one of the talks he says, "We have to learn how to live. Learn to respect the food, the water, and the lights we use. Life is nothing but careful. Mahavir says, 'Whatever you do, do with awareness'."

These days at Guruji's apartment remain for me a place out of time. Life was so peaceful, so simple. I was struck by the way every action, every conversation, every meal seemed to flow effortlessly, yet it was clear that Guruji made sure that we were taken care of in every detail. Even when we came back from the Vegetarian Congress in a downpour, to find that the electricity was out in the building, Guruji calmly told us we would need to leave our bags in the car and take a flashlight and a toothbrush to climb the 13 stories to his apartment. Just as he was saying this, the lights came back on! "A miracle!" he exclaimed. And it was a miracle that we could be so well taken care of, that even a potential hardship was transformed before our eyes.

For Guruji, I imagine, these kinds of miracles happen all the time, because he is so much in tune with his surroundings, and with life all around him. His simplicity, his serenity, his reverence for all life are evident in all that he does. It is a great gift to be in his presence, and I am forever grateful.

Namaste, Nirmala



Four Views of India...continued

A River Flows

My second trip to India had some ups and downs. I experienced emotional and physical pain; however, it was the beginning of healing. Even though I experienced these, I was surrounded by the love of friends and by the blessings of Gurudevji Chitrabhanuji. It is the kindnesses shown to me and the time spent with friends, old and new alike, that I will most remember from this trip to India. When I look inside myself, the best way to express what I've gained is in poetry. Whatever I realized here has been touched with healing and peace and I humbly share them with you.

A River Flows

A river of peace flows
Through our awareness
Soothing the seven streams
Of our consciousness
Like a cooling balm

The river flows to pools of light
Where the burnished gold of autumn
Reflects itself to us
Like leaves on mirrored glass

We dip into the pool of loving awareness
So cool and enveloping
With gentle ease
Guided by the tender touch of loving hands

And we resurface with a glimpse of reality
Where our names are written
On the surface of a mountain
Of natural beauty
Our names connected to each other
With a ribbon of light
Encircling the mountain

We are one with the soothing balm
Of the river of peace

And the streams of love
We are safe
We are courageous

Flowing through time
... We are Peace...
... We are Love...

Nirali ~ Becky Kleinschmidt
Lighthouse Center - Michigan

The Joy of Being Alive

This trip to India I felt the joy of being alive every day. I experienced love, friendship, joy, peace, beauty and goodness. It was exhilarating to meet vegetarians and vegans from all over the world at the 37th World Vegetarian Congress. Everyone was passionate in their understanding that animals have a soul just like humans, and to kill them for a single meal has created a holocaust to the animals. Many are engaged in causes to protect animals and save them from the slaughter houses. Most are involved in education and increasing awareness about the benefits of a vegetarian diet.

There was Mr. Pishu Murli Hassaram from Malaysia, who was inspired by his Guru, to start World Meatless Day (November 25th). He volunteers his time to plant the seed for meat eaters to pledge to give up meat for 24 hours. Last year over 36 million people around the world participated. This pledge creates awareness of reverence for all life as a first step toward world peace. Wouldn't it be wonderful to see the large grocery store chains, like Whole Foods, participate in World Meatless Day? ! They would refrain from selling meat and they could conduct vegetarian cooking classes to market vegetarian alternative meals.

There was Mr. Dulichand Jain from India, who founded Karuna Clubs in more than 1,100 schools throughout India. Karuna means "compassion". This after-school club teaches the children values of kindness and sympathy toward all living creatures, instills reverence for all life; educates that all life forms are sacred and should not be callously destroyed for humans' pleasure and profit; appreciates the unity in the universe and the need for peaceful coexistence. Wouldn't it be wonderful to see Karuna Clubs throughout the United States?!!

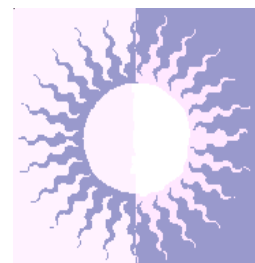
There were the two women who met on a street corner in Pawai, India, one Friday afternoon and realized they shared the same dream to open an after school program to support slum children. The children would study and grow in self esteem and confidence. By Monday, the women had found a school willing to share their space, and they had their first students. Now the program has helped hundreds of slum children.

There were Gurudev Chitrabhanu and Pramoda Chitrabhanu who made this trip possible and whose loving kindness and grace make the world a better place.

They are the manifestation that peace is possible. Gurudev said to us, "it takes teamwork": Together Everyone Achieves More.

After spending time with these folks and many others equally successful and accomplished, I felt inspired to do more and give more to help make the world a better place.

Namrata Lisa Abrams



EMBRACING KALI - PLUTO AT THE GALACTIC CENTER

by Astrologer, Richard J. Smoot

Planet Earth is in the Milky Way Galaxy. Our galaxy is an enormous expanse of cosmic territory which is part of the Virgo super cluster of galaxies believed to be 13 to 15 billion years old and to consist of some 100 billion stars. The Galactic Center of our Milky Way Galaxy is the center and core of our galaxy and contains the center upon which the 100 billion stars rotate. Our solar system makes one orbit around the galactic center every 250 million years and the distance between our sun and the galactic center is some 27,000 light years. Scientists believe there exists a black hole at the Galactic Center.

Currently, the Galactic Center is at 27° Sagittarius 52'. Its motion is about 42 minutes every 50 years, which is 25,700 years or one Great Year (Brahman Year) when the entire galaxy moves through one entire Zodiac (all 12 signs).

An extraordinary event has occurred on December 20, 2006 when the planet Pluto joined together with the Galactic Center (GC) and the monthly New Moon also conjoined Pluto and the GC. This event only happens every approximately 254 years, but never has it occurred with six out of ten planets in Sagittarius. The Galactic is considered to be a very "spiritual" or "transcendental" zodiac position by many astrologers. It is the core and center of our Universe and therefore, the core and center of all form and matter in our Universe.

Now the astrology. Pluto is about power, death, and transformation, while the Galactic Center is the core of our universe. When the great transformer conjuncts this point, there is believed an outpouring of incredible energy and change. In the Hindu pantheon, Pluto is represented by the Goddess Kali and the center of our universe is, well, the point at which the Universe is driven. Every New moon is a new cycle (monthly) where we have an opportunity to begin anew with new ideas and developing a new course. Sagittarius is about knowledge, long journeys, expansion, religion. Envision the symbol of Sagittarius; half strong and fast animal (half horse, and half human with his arrow of spirituality ready to fly into the heavens of knowledge.

Pluto at the GC is the point where collective consciousness and transformation (Pluto) meets with the heart of the Universe's core. These have always heralded in important transformations in our cultural attitudes and the ways in which we interpret and incorporate ideas of religion, literature and science, or higher knowledge.

Let's get back to our understanding of what Pluto, represented by Kali, means. Kali (pronounced *kah'lee*), the Hindu triple Goddess of creation, preservation, and destruction is the animating force of Shiva, the destroyer (lord of the Dance).

Kali has begun her dance in our life to tell us that it is time to face our fears. Fears that are lurking ominously either buried deep in our inner darkness or close. These fears need to be stared in the eye and brought into the light of consciousness. Are our fears serving us by warning us about dangerous places, things, or people? Or do our fears prevent us from dancing our dance, living our life, creating with Creation? The Goddess comes to tell us that our dance is needed as part of the whole Dance of Creation. Wholeness is nurtured when we reclaim the pieces of ourselves that we have given over to fear. Most fears are formless. By naming and witnessing the fear, we gain power. Wholeness is created when we learn to acknowledge our fears and walk through them.

Kali's figure and dress are symbolic of the complete circle of creation, destruction, and transformation, to rebirth. She represents the inherent creative and destructive rhythms of the cosmos. It is important to trust the message of "fear not", the creative aspect of Kali. Yet in Kali's destructive aspect there is a destruction of ignorance and the dawning of knowledge. The Kali within each of us opens the gates of freedom that bind human beings.

Pluto, in the Greek Pantheon, has the same message as Kali. By going within to our personal and collective fears and inner insecurities and merge with the collective. This is the creative force within us when we face our demons and overcome them. After destroying our fears we are

transformed and are fearless. We are reborn and begin to create and grow.

Meditating on reality at *rest*, as absolute pure consciousness (without the activities of creation, preservation or dissolution) is referred to as Shiva or Brahman. When meditating on reality as *dynamic* and creative, as the Absolute content of pure consciousness (with all the activities of creation, preservation or dissolution) we refer to it as Kali or Shakti.

What will this passage of Pluto over the Galactic Center evoke? I feel that we, the world, is on a precipice awaiting to see if we all fall into an abyss or that we will pull our selves (or be pulled) away from certain destruction and death. As the world gets smaller, there is more a possibility of implosion (not explosion), much like how a black hole is formed. I will venture to say that we have it in our power to defeat the forces of destruction by working together and by overcoming our fears and facing ourselves. We will feel powerless until we collectively have the will to face our fears and the collective fears of the world head on. This passage of Pluto, from an astrological perspective, over the Galactic center will certainly bring a new beginning and evolution in our cultures. It is as if the Universe meets with the Pluto/Kali symbolism. Just because we appear small in the scheme of things, we are not. Astrology is simply the study of Energy and the relationship the same energy existing in both the macrocosm and the microcosm simultaneously. We are in the Universe and the Universe is in us.

The transformation of the world and of ourselves is in our hands. Certainly the wars in the world are escalating to civil war in many countries. Such are also the wars within us. The reduction of rights and civil liberties in this country are being limited in the name of fear of real and unseen enemies. Is the world and ourselves being over run and consumed by all types of fear? Will we hold hands with Pluto, Kali and meet those fears at the Galactic Center of our Universe? To transform the world and ourselves we collectively must do so.



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Recipe Corner

Pesto-Stuffed Cremini Mushrooms

(from *Vegetarian Times*)

Serves 12

Prepared pesto makes these mushrooms super-easy to assemble. To make ahead, stuff the mushrooms the day before, refrigerate, then pop them in the oven 20 minutes before you're ready to serve.

2 tsp. olive oil
24 medium-sized cremini mushrooms, stems removed and chopped
1 7-oz. tube ground soy "sausage"
1/2 cup breadcrumbs
1/2 cup prepared pesto

Preheat oven to 350F (unless making ahead). Heat oil in nonstick skillet over medium heat. Add mushroom stems, and cook 5 minutes, stirring often. Break "sausage" into small pieces, add to skillet and brown 10 minutes, stirring often. Transfer mixture to food processor, and coarsely chop. Add breadcrumbs and pesto, and pulse until just combined. Season with salt and pepper. Stuff into mushrooms, slightly mounding tops. Arrange mushrooms in 9x9-inch ungreased baking dish. (If making ahead, cover with foil, and refrigerate.) Add 1/2 cup water to dish, tightly cover with foil and bake 10 minutes. Remove foil, and bake 10 minutes more, or until browned. Serve hot.

PER TABLESPOON:

118 Calories
6g Protein
7g Total Fat (1G Saturated Fat)
8g Carbohydrates
2mg Cholesterol
298mg Sodium
2g Fiber
1g Sugars

DID YOU KNOW....

Opossums do not do well when the snow is over a foot deep and lasts more than a week. If the weather is severe and you start seeing the opossums during the day, they may not be getting enough to eat. You can put out dog food (preferred), but can eat cat food for a short amount of time. The cat food is too high in protein for very long. Place this in a place away from your house as it also attracts other animals. If an opossum looks in bad health, you can bring it to the Howell Nature Center (517-546-0977). We take most species, but not bats, raccoons, skunks, starlings, house sparrows or pigeons. And now you know.

Thanks.
Niana

Introduce Yourself to our New Website

by Mukta Tana Dean, your webmistress

This year we introduced the new Lighthouse Center website. Hopefully you've stopped in to explore or perhaps it's helped you with information you needed. Maybe you even used the secure online link to make a donation. However you've used the site it's a tool to create a central communication link. And, a wonderful way to introduce others to our community.

If you haven't stopped in, here is some of the information available on the website: Board of Directors contact information, the Beacon(s), Dimensions in Light, biography of our founder Chetana Catherine Florida, links/schedules/information about Gurudev Chitrabhanuji and Pramodaji, class schedules and a secured link for donating.

It's exciting to explore the possibilities the internet offers, it can challenge our vision and thinking. Following are some ideas for further development:

1. Garage Sale Online – Donated items could be listed and paid for using PayPal.

The donated item would be shipped by the person who donated it. This would save on travel time and fuel. A green way to think.

2. Catalog of products from the store – Volunteer(s) would need to do the shipping. Centralizing the product would not have to be at the center. And, those who are not within driving distance can purchase product.

3. Writers - Books could be published and offered online.

4. Speakers/Teachers – As we flow out into the community a listing of speakers and teachers schedules could be online.

5. Healers/Body Workers – Listing and schedules of those who are beginning to use the center for appointments.

6. Donations to the community – Recently we had a link for our members to donate to Mumbai, India. As a community we could choose causes that we would like to help. The Garage Sale Online could also be used to raise community funds.

7. Donation link for the center's expansion – Creating specific links means people can direct their donated dollars.

8. Forms – Forms are a great way for people visiting our site to let us know what they are interested in.

9. Introducing new people to the center – you now have a website to share with people who would like some information

The internet is in its infancy and the possibilities are unlimited. Your ideas are welcome to help us develop this tool and I'm here to facilitate.

When I setup the system we are using for website development I purposely used software and online systems that can be easily transferred to anyone in the future. It's also a system that, as our needs grow, could be maintained by several people. Certainly I don't expect to be the only person to maintain our website and I look forward to when additional support is needed for our growing, vibrant community. Namaste

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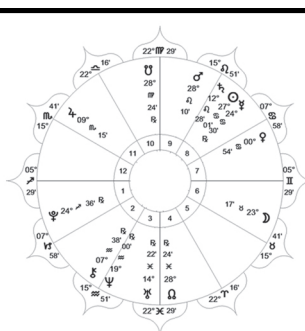
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Please print

Name _____

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City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Other Phone _____

(indicate fax, cellular, etc.)

Email address _____

Put me on the Lighthouse Center email list: Yes _____ No _____

Put me on the Lighthouse Center postage mailing list: Yes _____ No _____

_____ Please check if this is a new address, phone, or pledge change

I want to help maintain our Lighthouse Center on a firm financial base.

1. Enclosed is my **DONATION** of \$ _____.

2. My total **PLEDGE** for the calendar year of _____ is \$ _____, to be paid in
equal installments of \$ _____ (or in volunteer time at \$10.00/hour*)

Monthly _____ Quarterly _____ Semi annually _____ Annually _____

Pledge amount included with this form \$ _____ Balance due \$ _____

_____ Please check to have pledge envelopes mailed to you

Signature _____ Date _____

We are a non profit charitable organization under Section 501(c)(3) of the Internal Revenue Code;
therefore, gifts to the Lighthouse Center, Inc. are tax deductible as provided by law.

Please make checks payable to **Lighthouse Center, Inc.** and mail to:
Treasurer, Lighthouse Center, Inc.
P.O. Box 645
Whitmore Lake, MI 48189

**For any questions regarding volunteer hours,
contact Prachi at 734-449-4831 or thiepl17@yahoo.com*

**Directions to:
THE LIGHTHOUSE CENTER
740 East Shore Drive
Whitmore Lake, MI**

Lighthouse Hotline (734) 449-0611

FROM I-94, US-23 AND ANN ARBOR

Exit US-23N at Exit 50 (6 Mile Road), but do not turn left or right, just go straight and follow Main Street into Whitmore Lake (past high school on left). At the traffic light at East Shore Drive, turn right. Follow East Shore Drive approximately 1.2 miles and the Lighthouse Center will be on the right. *(Driveway is marked with sign and four vertical reflectors.)*

FROM I-96, US-23 AND BRIGHTON

Exit US-23S at Exit 53. Turn left. This street becomes southbound Main Street. Follow Main Street through Whitmore Lake. At the traffic light at East Shore Drive, turn left. Follow East Shore Drive approximately 1.2 miles and the Lighthouse Center will be on the right. *(Driveway is marked with sign and four vertical reflectors.)*

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